

***Prague**, the enchanting capital of the **Czech Republic**, is a city of fairytale charm and rich history. Known as the "City of a Hundred Spires," it captivates visitors with its stunning Gothic and Baroque architecture, winding cobblestone streets, and the majestic Prague Castle overlooking the Vltava River. From the astronomical clock in Old Town Square to the romantic Charles Bridge, Prague offers a magical blend of medieval atmosphere and vibrant modern culture. Plus, the best beer in Europe!*

Sat, May 30

Welcome to Prague

Private transfer from Prague Airport to our hotel

Late afternoon **Walking and Food Tour** of **Staré Město** (Old Town), Prague's principal public square, and one of the most beautiful in Europe, since the 10th century, and was its main marketplace until the beginning of the 20th century.

Evening at leisure

Meals—D

Overnight—5* Hotel Andaz

Sun, May 31

Prague Castle, Strahov Library, and Malá Strana

Breakfast at the hotel

Perched high above the city, **Prague Castle** is a sprawling storybook fortress that brings Czech history to life. With its soaring spires, hidden courtyards, and centuries-old legends, it feels like stepping into a fairy tale. Wander through St. Vitus Cathedral, explore royal halls, and stroll down the charming Golden Lane—every corner reveals a new layer of mystery and majesty. It's not just a castle—it's the heart and soul of Prague.

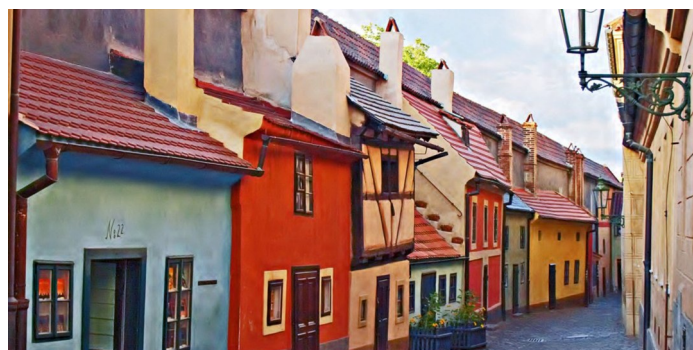
Built in the 11th century, **Strahov Abbey** is one of the largest monasteries in Bohemia and the highlight is the magnificent library.

Mala Strana, or the "Lesser Town," is one of Prague's most charming and picturesque neighborhoods, nestled between the Vltava River and Prague Castle. With its cobbled streets, Baroque palaces, hidden gardens, and cozy cafés, it feels like a step back in time. Wander beneath lantern-lit arcades, discover tucked-away churches, and soak in the old-world atmosphere.

Dinner at leisure

Meals—B, L

Overnight—5* Hotel Andaz



Mon, June 1

CE Lecture and Afternoon at Leisure

Breakfast at the hotel followed by a morning **CE Lecture** (3 hours)

Afternoon at leisure to explore and enjoy Prague on your own

Dinner

Meals—B, D

Overnight—5* Hotel Andaz



Tue, June 2

Vienna

***Vienna**, the elegant capital of **Austria**, is a city where imperial history and vibrant culture meet. Known for its grand palaces, classical music heritage, and charming coffeehouse culture, Vienna offers a perfect blend of old-world sophistication and modern flair. Stroll through the historic center, visit the majestic Schönbrunn Palace, and hear the echoes of Mozart and Strauss in opulent concert halls. With its art, architecture, and timeless charm, Vienna is a feast for the senses.*

Breakfast at the hotel

Transfer by train to **Vienna**. Your luggage will travel by truck so sit back and enjoy the ride.

Traditional Austrian lunch at **Griechenbeisl**, established in 1450 and still one of the city's leading restaurants. Former patrons include Mozart, Beethoven, and Mark Twain.

Viennese Walking Tour and Viennese Coffee Break

Dinner at leisure

Meals—B, L

Overnight—5* Almanac Palais



Wed, June 3

Vienna

Breakfast at the hotel

Morning at leisure to explore and enjoy Vienna on your own

Late afternoon tour of Schönbrunn Palace followed by a special dinner and a traditional concert at the Palace.

Schönbrunn Palace is one of the most beautiful Baroque palaces in Europe. It has been the property of the Habsburgs since 1569. In 1642, the wife of Emperor Ferdinand II had a residence built on the site of a former castle, naming it *Schönbrunn* (which means "beautiful fountain" in English). The palace and gardens, originally constructed in 1696 shortly after the Turkish siege, were completely renovated during the reign of Maria Theresa, starting in 1743.

Meals—B, D

Overnight—5* Almanac Palais



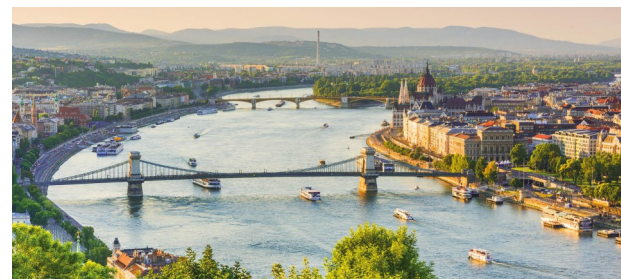
Thu, June 4

CE Lecture and Transfer to Budapest

***Budapest**, the captivating capital of Hungary, is a city of striking contrasts and rich history, split by the Danube River into hilly Buda and vibrant Pest. Travelers are drawn to its grand architecture, thermal baths, ruin bars, and sweeping river views. From the majestic Parliament Building to the romantic Fisherman's Bastion and relaxing Széchenyi Baths, Budapest offers an unforgettable mix of culture, charm, and adventure.*

Breakfast at the hotel followed by a morning **CE Lecture** (3 hours)

Transfer by bus to Budapest



Thu, June 4 Budapest (cont.)

Lunch

Tour of the **Parliament**. The Palace of Westminster inspired the design, but a well-known Hungarian architect, Imre Steindl, laid out the plans in their entirety. The building stretches 268 meters in its length, along the Danube embankment. Ornamented with white neo-gothic turrets and arches, it forms the most outstanding landmark of the Pest side horizon. Statues of Hungarian monarchs and military commanders decorate the outer walls. The unique interior design includes huge halls, over 12,5 miles of corridors, a 96-meter high central dome, and 691 rooms.



Dinner along the Danube

Meals—B, L, D
Overnight—5* Kozmo Hotel

Fri, June 5 Budapest Castle District

Breakfast at the hotel followed by a morning **CE Lecture** (3 hours)

Lunch

Tour of the Castle District. **Budapest’s Castle District**, a UNESCO World Heritage site, is rich in historic sights and attractions like the **Royal Palace**, the **Matthias Church**, medieval houses, interesting museums, charming crooked streets that follow the shape of the hill. Besides the monuments, you will see a breathtaking panorama of the Danube with the **Chain Bridge** and the Pest side of the city on the opposite side of the river.



Dinner at leisure

Meals—B, L
Overnight—5* Kozmo Hotel



Sat, June 6 Szechenyi Baths

Breakfast at the hotel

Széchenyi Thermal Bath is one of the largest spa complexes in Europe. Its outdoor pool with the steam, rising from its surface at winter nights and the complacent, elderly men playing chess in the water is a world famous symbol of Budapest. The bath in Városliget was built in Neo-Baroque style in the 20th century. The Széchenyi is the most popular bath among locals thanks to its size and wide range of services: numerous indoor and outdoor pools, a thermal and a wellness department (steam room, sauna, etc.).



Farewell Dinner

Meals—B, L, D
Overnight—5* Kozmo Hotel

Sun June 7 Fly Home

Breakfast at the hotel (depending on flight departure time)

Private transfer to airport



\$5,995 Per Person (CE Fee additional)
Based on Double Occupancy
For More Information or to Reserve Your Place
Jodi Murphy 610-420-9364
agent@cruiseandtravelpartners.com
Space is Limited—Will Sell-Out Quickly

Money Makes the World Go Round, But Drugs Can Make it Spin!

Patient Assessment and Drug Interactions

Did you know that more than 20% of hospital admissions are due to adverse drug reactions? Just because dentists prescribe less than 10% of all available drugs, your patients may be taking others from the 90% with which you are not familiar. Since polypharmacy is the norm, especially in the over 65 year old population, this course should be considered essential to every practice setting today.

Do you have patients who are already on one prescription medication before they come to your office? How about four prescription medications? Did you know that the likelihood of a drug interaction in a patient on five medications is greater than 50%? What if you are the prescriber who writes that fifth prescription? With so many new medications, herbal products, over-the-counter drugs, and supplements available on the market, how can you be confident that the prescription you write is compatible with what your patient is currently taking?

This interactive program looks at some of the more common drugs and drug interactions and their management with a particular focus on the dental realm. Case studies will augment the delivery of key points and a problem-based learning approach is encouraged so that each participant's questions are addressed. The program will conclude with a discussion of references and demonstration of some available databases. After all, when an adverse drug reaction occurs due to a drug interaction, who is more at risk - you or your patient?

Objectives to be covered:

1. Describe the potential for drug-drug interactions and articulate strategies to avoid or manage them.
2. Understand the principles of drug metabolism including liver enzyme induction and inhibition.
3. Discuss the role of cytochrome P₄₅₀ isoenzymes in the liver with respect to drug metabolism
4. Describe at least three disease states attributable for induced metabolism and three disease states attributable for inhibited metabolism.
5. Recognize reputable databases and references and how to utilize these tools to evaluate drug therapies and herbal interactions.

Oh the Pus! Oh the Pain! Appropriate Antibiotic and Analgesic Prescribing

Wouldn't it be nice to go to a continuing education program that gives you the tools to be more successful starting on Monday morning? Wouldn't it be great to be known as the dentist who offers excellent pain-free, post-operative care without the use of narcotics? Wouldn't you like to be more confident in all of your prescription writing, knowing that you are on the cutting edge, that you are evidence-based and that you are guideline-driven? This is that program.

In 2010, enough opioids were sold to medicate each American adult at a dose of 5mg of hydrocodone every four hours for one month. You do not want to be part of this problem. Remember the Spiderman Principle that, "with great power there must also come – great responsibility." And what about all of those new antibiotics you keep hearing about? Are they really the latest and greatest? Are there really new guidelines when it comes to antibiotic prophylaxis?

This interactive program looks at the appropriate prescribing of analgesics and antibiotics with a particular focus on the dental realm. Case studies will augment the delivery of key points and a problem-based learning approach is encouraged so that each participant's questions are addressed.

Objectives to be covered:

1. Discuss the pathophysiology of pain as it relates to dentistry.
2. Understand the perfect analgesic recipe to keep (almost) all of your patients out of pain – first time, every time.
3. Describe the different types of antibiotics available and how to match the right drug to the right bug.
4. Know the appropriate approach to patients at risk of SBE and which of your orthopedic patients really require antibiotic prophylaxis.
5. Learn how to help make all of your appointments successful for you, your Team and your patients.

I Want My Mommy! (“Somebody call 9-1-1...”)

Medical Emergencies in the Dental Office: What’s in your medical emergency kit and why?

Medical emergencies are defined as any condition that if left untreated may lead to patient morbidity or mortality. However if your definition of an emergency is any condition of a patient that raises your blood pressure or pulse rate - then you need to take this course.

Medical emergencies happen. Studies estimate that on average a practitioner will be faced with a medical emergency in the dental office at least once every two years. Some of these occurrences can be minor; some of these situations can be life-threatening. The good news for practitioners is that 75% of emergencies can be mitigated with good local anesthesia (pain control) and good stress reduction (sedation). For those few instances when an appropriate response could be life-saving, each practitioner must be prepared with a properly equipped emergency drug kit. The purpose of the course is to emphasize patient safety, and educate you on the seven essential drugs you must be familiar with to manage any medical emergency. Even though the right answer always includes dialing 9-1-1, you can start the chain of survival in your office.

Objectives to be covered:

1. Recognize the most common medical emergencies in the dental office.
2. Understand the importance of preparation and practicing with your Team.
3. Learn how to manage the most common medical emergencies in the dental office.
4. Know how to prepare the minimal dental emergency kit to include seven essential drugs.
5. Know how to use the essential drugs recommended for the minimal dental emergency kit.



Mark Donaldson received his baccalaureate degree from the University of British Columbia and his Doctorate in Clinical Pharmacy from the University of Washington. He completed a residency at Vancouver General Hospital, and has practiced as a clinical pharmacy specialist, clinical coordinator and director of pharmacy services at many healthcare organizations in both Canada and the United States. He is currently the Associate Principal of Clinical Pharmacy for Vizient’s Advisory Solutions, and lives in Whitefish, Montana.

Dr. Donaldson is a Clinical Professor in the Department of Pharmacy at the University of Montana in Missoula, and Clinical Associate Professor in the School of Dentistry at the Oregon Health & Sciences University in Portland, Oregon. He has a special interest in dental pharmacology and has lectured internationally to both dental and medical practitioners. He has spent the last 20 years focusing on dental pharmacology and dental therapeutics, and is a leader in the field.

Dr. Donaldson has published numerous peer-reviewed works and textbook chapters. He currently serves on the Editorial Board for the *Journal Healthcare Executive* and the *Journal of the American Dental Association* and is a reviewer for over ten other different journals. He is board certified in healthcare management and is the Past-President and current Regent of the American College of Healthcare Executives’ Montana Chapter. Dr. Donaldson was named as the 2014 recipient of the Bowl of Hygieia for the state of Montana and is the 2016 recipient of the Dr. Thaddeus V. Weclaw Award. This award is conferred upon an individual who has made outstanding contributions to the medical, dental and pharmacy literature.

9 CE Credit Hours—\$595 Dentist

Register using your university code



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